**<u>ACKNOWLEDGEMENTS</u>**: These lesson plans were developed for trial use in ASC schools in 2018. They were developed through a collaborative project of the Anglican Schools Commission (WA); Pace e Bene Australia (Brendan McKeague and Michael Wood), with the assistance of grant funding from The Australian Research Theology Foundation (ARTFinc).

**TRAINING FOR UNIT:** It is highly recommended that all staff teaching this unit undertake the associated one-day teacher training program provided by Pace e Bene (Australia). Contact Brendan McKeague (+61 429 448090) or Michael Wood (+61 435 065326) for more information.

(NB The Plans and resources lists are quite detailed to enable guidance and input for those who may have minimal background knowledge on this topic.)

Strand: The Bible and Christian Beliefs, Faith in Action, Christian Ethics and Ethical Theory

**Topic:** Peace and Nonviolence

Stage of Development: Late Adolescence (Year 10-12)

## **Rationale:**

This unit will introduce/broaden students' knowledge and understanding of peace and nonviolence as a philosophy and practice. It will allow them to become aware, explore and gain knowledge and support them in developing an informed view of their own. It will also encourage them to explore personal, faith, societal and global perspectives and apply problem solving and new skills to particular issues. Students will look at the scriptural basis for a theological (Christian) foundation for peace and nonviolence and consider both individual and organised Christian responses to injustice and conflict.

## Australian Curriculum:

## **1. General Capabilities**

Literacy ITC Competence Critical & Creative Ethical Behaviour Personal & Social Intercultural Understanding

# 2. Cross-Curricula Priorities: Aboriginal and Torres Strait Islander culture and history

#### Links to other Learning Areas:

Social Sciences, English (writing), Health

## **Key Questions:**

What is nonviolence?What is scapegoating?What is the biblical foundation for a peaceful/nonviolent approach to conflict and injustice?How did Jesus teach and role model nonviolence?What are some examples of nonviolent actions and who are some of the practitioners?How can individuals and organisations (eg churches, schools etc) pursue a nonviolent approach?

# Key Concepts/knowledge and understanding:

Nonviolence is the use of peaceful means (not violence) to bring about personal, social and political change. It is active not passive. Nonviolence is a creative, powerful and effective process for addressing and resolving the conflicts in our lives and in the life of the world. Scapegoating as a practice has its roots in ancient society and is still prevalent today. It contributes to the perpetuation of the myth of redemptive violence. The Biblical solution to scapegoating is to love your enemies instead of killing them. Jesus modelled and taught nonviolence as a spiritual and practical response to injustice. Nonviolent practitioners are active in the world today and are making a difference in their spheres of influence.

#### **Attitudes and Values:**

Jesus identified key values such as **forgiveness**, **justice**, **truth**, **love** and **compassion**, and invited his followers to adopt the same. Church and school communities can reach out to help people to uphold these key values.

## Lesson Themes:

Week 1	Reality review
Week 2	Historical and anthropological connections
Week 3	Transformation
Week 4	Case Studies – international/local
Week 5	Local examples of peace and nonviolence
Week 6 -7	The practice of nonviolence in daily life
Week 8-10	Engage – create a nonviolent project

# PEACE AND NONVIOLENCE UNIT

Week	Lesson plan	Resources	Notes
	Reality Review		
	Starter: Clip from Soldiers of Peace	https://www.youtube.com/watch?v=FCPyyFeawe0 Soldiers	The full movie
1.	• What does violence/nonviolence mean? (developing a	of Peace movie trailer (4mins)	"Soldiers of
	vocabulary)		Peace" can be
	Discuss :		purchased at
	1. What is violence? What does it look/sound/feel like? Write a	FACT SHEETS	the following
	list of your thoughts. (as whole class or in small groups)	e.g. 2016 global expenditure on war was 1.7 trillion dollars	link:
	(eg aggression, pain, suffering, hurt, harm, deprivation,	https://en.wikipedia.org/wiki/List of countries by military	1
	dehumanised, separate, excluded, blame etc)	expenditures United Nations Culture of Peace and Nonviolence	https://www.a
	denumanised, separate, excluded, blame etc)		mazon.com/S
	2 . What are the impacts of violance on accula along	http://cpnn-world.org	oldiers-Peace- Michael-
	2. What are the impacts of violence on people, places,	Stories : eg Tom Jackson, QLD (Backpacker stabbed trying to	Douglas/dp/B
	communities, the environment?	protect a woman)	002JPRLXS
	(definition: Acts of intentional or unintentional harm that hurt other	http://www.theaustralian.com.au/news/nation/townsville-	00231 112/13
	people or the planet)	hostel-knife-attack-hero-tom-jackson-dies/news-	
		story/54247198022dbf07f30b3d6baf304f79	
	3. What, therefore, is nonviolence? And how might it be useful in		
	the context we are now in? Use a story. Eg Soldiers of Peace	Kirsty Boden (South Australian nurse killed at Westminister	
	Fatuma's story of substituting football for war between young	Bridge terrorist attack as she went to help the injured)	
	men (10 minutes)	https://www.theguardian.com/uk-	
		news/2017/jun/06/australian-woman-kirsty-boden-28-	
	<ol><li>What does nonviolence look/sound/feel like?</li></ol>	feared-killed-in-london-bridge-attack	
	(eg Key words: creative action, imagination, peacebuilding, victims,	Image of Iesha Evans (nonviolent resistance at Black Lives	
	loving, compassionate, understanding, firm, committed)	Matter protest)	
		https://globalnews.ca/news/3109345/woman-in-iconic-	
	End of lesson: Show the ASC video "Peace and Nonviolence" – discuss if	baton-rouge-image-meets-photographer-for-the-first-time/	
	time. Then introduce homework activity (could be done in small groups	[3.5 min]	
	or individually).	Global Peace Index	
	Homework: research the impact of a particular kind of violence eg domestic	https://en.wikipedia.org/wiki/Global Peace Index	
	violence, displaced peoples, ethnic cleansing, environmental. Bring an article		
	back to class to pin on the wall/communal learning space/a peacebuilding	ASC Religious Studies video – Peace and Nonviolence	
	board.	www.asc.wa.edu.au	

	Historical/Anthropological connections	Useful background for teachers:	A scapegoat is
2.		1.Short booklet: Girard's writings (for teacher background	a person or
	1. Song: <i>Human</i> by Rag'n'Bone Man.	knowledge) The Theory of Rene Girard by Carly Osborn	animal which
	https://www.youtube.com/watch?v=L3wKzyIN1yk [3.17min]		takes on the
	Play the song/video and then discuss the idea of blame. How does	2 "Myth of redemptive violence" article by Walter Wink:	sins of others,
	blaming someone for something play out? (does it work, what happens	https://www.dropbox.com/sh/hzus7gsfb9k1kyg/AABY-	or is unfairly
		3RSWzGz0zi4JkAxCe1 a?dl=0	blamed for
	in relationships, communities etc) e.g. blaming one player for the		problems. The
	team losing	3.Youtube interview with Professor Scott Cowdell:	concept
		https://www.youtube.com/watch?v=IJddydBXojM [9 min]	originally
	<ol><li>Show a picture of a goat/bring a toy goat.</li></ol>		comes
	Ask students to think of all the things that are going wrong in their lives		from <u>Leviticus</u> ,
	and then invite a few students to "blame" the goat for these things. Tell		in which a
	them no matter whose fault it really is they are going to blame the goat		goat is
	(e.g. It's your fault I didn't pass the exam, or that I got sick etc). How do	Resources for the class:	designated to
	they feel after blaming the goat?	Raven Foundation document – the evolution of religion	be cast into
		https://www.ravenfoundation.org/wp-	the desert
	Where does scapegoating come from? Talk about Leviticus 16:10 and	content/uploads/2012/10/EvolutionReligion.pdf	with the sins
	what scapegoating is.		of the
	what scapegoating is.	Raven Foundation document - on mimetic desire	community.
	Match the Contern Wide a cod discuss what he makes a condition (he d	https://www.ravenfoundation.org/wp-	Other ancient
	Watch the Guntown Video and discuss what happens re good guys/bad	content/uploads/2016/05/Mimetic-Desire-Infographic-	societies had similar
	guys/scapegoating: <u>https://www.youtube.com/watch?v=4T41M7cCqsU</u>	5.12.16.pdf	
	[2.6 minutes]	<u>5.12.10.put</u>	practices. In
		Extra resource (useful background for teachers):	psychology and sociology,
	3. Talk through the Raven Foundation document on the evolution of	Video : creative and accessible explanation of Girard's	the practice of
	religion: looking at the sacrifice side. Discuss: How do we	scapegoating mechanism, using <b>'rice people'</b> (11mins)	selecting
	scapegoat today? (demonising, exclusion, the concept of "othering"	https://www.youtube.com/watch?v=w4NAH2puEEM	someone as a
	etc)		scapegoat has
		Raven Foundation document – social impact of scapegoating:	led to the
	If time: Introduce the idea of mimetic desire – which leads to conflict		concept
	and can escalate to scapegoating. Eg love triangles	https://www.ravenfoundation.org/wp-	of <u>scapegoating</u>
		content/uploads/2014/09/Scapegoating-infograph-2-p.pdf	(Wikipedia
	Video : The last Donut (Cpt America and Ironman) – the idea of mimetic		definition)
	desire. https://www.youtube.com/watch?v=4Ty1zVZQ8X4 [1 min]		
	HOMEWORK: Students find a film/story/TV show that has scapegoating as part		
	of the story.		
		1	

	Transformation		
3	Starter: Watch a clip from or discuss a story from a movie/TV show/book of scapegoating.	The Evolution of Religion sheet – mercy. Bible references: Micah 6:8, the sermon on the mount	Scapegoating movie examples:
	<ol> <li>Q/discuss: How could scapegoating be avoided? What is another solution?</li> </ol>	(Matthew 5) Book: Wink, W. Jesus and Nonviolence: A Third Way.	that students have found or use Beauty
	The Biblical solution <u>: By loving enemies instead of killing them. (Matt</u> 5:43-44)	"Can Love Save The World?" (Excerpt for Discussion). Dropbox link:	and the Best (Gaston and
	<i>2. Investigate the teaching and modelling of Jesus in this.</i> Look at the sermon on the mount <u>{Matthew 5:43-48]</u>	https://www.dropbox.com/sh/hzus7gsfb9k1kyg/AABY- <u>3RSWzGz0zi4JkAxCe1 a?dl=0</u>	the Mob after the beast); Shrek (mob
	<ul> <li>– an upside down world! (Beginning section: Blessings for people who are merciful, pure in heart, peacemakers. Instructions to love your</li> </ul>	Story : Muslim teacher – Salah Farah. A Muslim man refusing to "other". http://www.aljazeera.com/news/2016/04/kenya-	chasing ogre) clips available
	enemies, not destroy them. Not the usual kind of qualities that are "rewarded" or applauded in our society)	honours-muslim-teacher-died-saving-christians- 160401141815389.html	on YouTube
	Discuss/unpack 3 <b>Walter Wink stories</b> – based on a passage from the Sermon on the Mount: Matthew 5:38-41.	Story : The Hug that saved hundreds of lives. Iraqi : Najih Shaker Al-Baldawi. (Hugged a suicide bomber and prevented hundreds of deaths)	
	<ol> <li>Going another mile (not allowing an oppressor to dominate your freedom/choices/inner sense of peace) (Matt 5:41),</li> </ol>	http://www.news.com.au/world/middle-east/hug-that- saved-hundreds-of-lives/news- story/0c86e25c51046b54a97d413ffda4268e	
	2. Turning the other cheek – injustice of inequality (Matt 5:38)	Teacher background/summary:	
	3. Give your shirt as well - economic poverty (Matt 5:40)	A Short History of Nonviolence: a 16min YouTube clip that traces the origins of faith-based nonviolence	
	These stories bring out the greed of land-grabbers, the abuse of power through inequality in negative hierarchical systems, the intimidation of coercive force and fear.	https://www.youtube.com/watch?v=39CyQq0eAOk	
	4. What do Christians believe? Their faith is that God loves everyone equally. How then, might they respond to injustice?	Other Bible passages where Jesus overturns scapegoating violent impulses e.g. Luke 10:25-37 (the Good Samaritan) John 8: 1-11 (The woman caught in adultery); Matthew 7:1-5 (take the log out of your own eye); Matthew 26:47-56 (put	
	Key question to finish: Jesus says – you can still defend the weak – and engage in 'war' against injustice without using violence. But How? Was this alright for Jesus, but not for us? (next couple of lessons will	away the sword). More references in the handout "Bible references" at the following dropbox: <u>https://www.dropbox.com/sh/hzus7gsfb9k1kyg/AABY-</u> <u>3RSWzGz0zi4JkAxCe1 a?dl=0</u>	

explore further): how can we engage nonviolently with violence today? Is it possible? You will have to change the way you think, act/behave to bring about change		
4       Case study – international/local         4       Look at some contemporary examples/role models of peace and nonviolence         1. An example from the American Civil Rights movement:       Give/discuss some background on the situation in the US in the 1960s: American civil rights. What do they know already? In this situation what links can students see to some of the words we have used previously eg violence, scapegoating, nonviolence, demonising         Watch a story from A Force More Powerful DVD : Nashville – we were warriors (25 mins). Discuss – what was the issue? What was the response? What was the result? Why did this work?         A contemporary example of what the students did in Nashville is the nonviolent peace force operating in the South Sudan. http://nvpf.org/what-we-do/2014-09-19-15-18-31/south-sudan         Students do quick internet research in pairs/small groups: Who are the South Sudan nonviolent peace force? What do they do? What impact are they having? How are they similar to the Nashville nonviolent Baptists? How is this linked to what we have been talking about?	A Force More Powerful DVD : Nashville – we were warriors (20 mins). https://vimeo.com/201686376 Watch the first 2mins, provides intro to whole series; then Nashville story (25mins) begins at 26:10 A Force More Powerful study guide. http://www.aforcemorepowerful.org/films/pdfs/studyGuide- en.pdf Ghandi - strategy of provocative nonviolent resistance https://www.youtube.com/watch?v=WW3uk95VGes http://nvpf.org/what-we-do/2014-09-19-15-18-31/south- sudan Marjorie Stoneman Douglas High School students - NY Times article https://www.nytimes.com/2018/03/05/us/student-protest- movements.html Resource: local South Sudanese people - could invite someone in to talk to the students (There are large Sudanese Anglican congregations in Perth. Contact Liz at the ASC for contacts) Traditional 'Peace Churches' https://en.wikipedia.org/wiki/Peace_churches	<b>Option:</b> integrate looking at the early Christians/ people of the way and other traditional 'peace churches' Quakers, Mennonites, the Amish etc in this lesson

	Local examples of peace and nonviolence	http://www.paceebene.org.au/	
5	Find a local example a peaceful/nonviolent response to issues of conflict,	http://www.nonviolentinterfaithleadership.org/	
	injustice, controversy		
		http://lovemakesaway.org.au/	
	Love Makes a Way	http://www.firsthomeproject.com.au/about-us/	
	Pace e Bene Australia – Nonviolent Interfaith Leadership Program	ntep.//www.mstromeproject.com.du/dbodt/us/	
	Local Christian/Muslim initiatives	Alternatives to Violence	
	<ul> <li>Alternatives to Violence Program – Quakers</li> </ul>	http://www.avp.org.au	
		Christian-Muslim partners, Beaconsfield, WA	
	WA specific:	http://www.abc.net.au/news/2017-06-10/perth-anglican-	
	First Home Project	church-hosts-ramadan-for-muslim-community/8607102	
	St Paul's Beaconsfield	Katanning: Backroads Australia, Series 2 Ep5 (28mins)	
	<ul> <li>Katanning (WA) Multicultural integration (over 40 years)</li> </ul>	http://iview.abc.net.au/programs/back-	
	<ul> <li>Mokare (Aboriginal Peacemaker, Albany, during 'first contact')</li> </ul>	roads/FA1527V005S00#	
	Aboriginal Mediation Service, WA		
	Roe Highway protest	Mokare: https://en.wikipedia.org/wiki/Mokare	
	Students research the activities of one of the local peace and	Aboriginal Mediation Service	
	nonviolence groups and prepare a 4-6 slide PowerPoint presentation	http://www.healthinfonet.ecu.edu.au/key-	
	that explains	resources/programs-projects?pid=1518	
		Roe Highway	
	1. Who they are	https://thebeeliargroup.com/tag/roe-highway/	
	2. What they do		
	3. Why they do it	Dylan Marron responds to his 'enemies' - this is a trailer for	
	4. An example of a peaceful/nonviolent initiative	his Podcast series	
		https://www.youtube.com/watch?v=ls2mTKcBjrl	
		<i>Conversations with People Who Hate Me</i> takes hateful conversations online and turns them into productive	
		conversations offline. As a writer and video maker who	
		focuses on social justice issues, Dylan Marron receives many	
		negative messages on the internet. In this new podcast, he	
		calls some of the folks who wrote them to ask one simple	
		question: why? What follows is a complicated and sometimes	
		hilarious navigation of two strangers getting to know each	
		other.	

	<u>The Practice of Nonviolence – in our lives today</u>	
6-7		Practical session training resources
	Conflict is normal and generates energy in people. It doesn't have to be violent/destructive Share examples of this – refer to the "training" for the Nashville protest. How can we be "trained"?	Handout: Five Steps of personal peacemaking can be found at the following dropbox: <u>https://www.dropbox.com/sh/hzus7gsfb9k1kyg/AABY-</u> <u>3RSWzGz0zi4JkAxCe1 a?dI=0</u>
	<ul> <li>Run a practical session – for example:</li> <li>5 Steps in the process of personal peace-making</li> <li>Observe : What's going on in your body (draw picture of self</li> </ul>	Centering Meditations (resource sheet) – can be found at the following drop box: <u>https://www.dropbox.com/sh/hzus7gsfb9k1kyg/AABY-</u> 3RSWzGz0zi4JkAxCe1 a?dI=0
	<ul> <li>with 'hot spots' that indicate rising tensions)</li> <li>Centre: How do you prevent yourself "reacting" eg centring meditations to generate compassion</li> <li>Listen to understand the truth of the other person (mug</li> </ul>	Mug activity (resource sheet) - can be found at the following drop box:
	<ul> <li>Elsten to understand the truth of the other person (mug roleplay)</li> <li>Speak your own truth – without destroying the truth of another (use 'l' statements)</li> </ul>	https://www.dropbox.com/sh/hzus7gsfb9k1kyg/AABY- 3RSWzGz0zi4JkAxCe1_a?dl=0
	• Create a bigger truth – be open to what emerges [invite students to think about how they could use this process with their friends, family etc. Do they have specific situations or relationships	Circle work (resource sheet) - can be found at the following drop box: <u>https://www.dropbox.com/sh/hzus7gsfb9k1kyg/AABY-</u> <u>3RSWzGz0zi4JkAxCe1_a?dl=0</u>
	they'd like to try this five step process with?] Listening practice in pairs – 'A' speaks about a topic of interest for 2 minutes and 'B' listens to understand why this is so important; then provides feedback to 'A' to show understanding; reverse rolesthen feedback on the process	Handout: Meditation on 'The Two Hands of Nonviolence' (in the Centering Meditations Resource Sheet) can be found at the following dropbox: <u>https://www.dropbox.com/sh/hzus7gsfb9k1kyg/AABY-</u> <u>3RSWzGz0zi4JkAxCe1_a?dI=0</u>
	Facilitated talking circle process (restorative justice approaches)	Using the Talking Stick process in US Congress meeting https://www.riverhouseepress.com/blog/talking-stick-breaks- impasse/
	Meditation on "Love your enemy" (The Two Hands of Nonviolence)	
	Use a centring meditation at the beginning of each week Practice listening each week A talking stick circle process – to talk around an issue. Everybody has a go at speaking	Additional Option Mogadishu: Yusuf and Khadija bring this training to Somalia in 2015 (19mins) <u>http://www.healthinfonet.ecu.edu.au/key-resources/programs- projects?pid=1518</u>

8 - 10	ENGAGE!Engage with a nonviolence project - eg invite guest speaker or two, research, participate in an event or action.Examples• Alternatives to Violence Project• Love Makes a Way• Sea Shepherd• Stop Adani• Animals Australia• Australian Religious Response to Climate Change• Anglican Social Responsibilities Commission, WA	http://avpwa.org/       - Alternatives to violence project         http://www.seashepherd.org.au/         http://lovemakesaway.org.au/         http://www.stopadani.com/         http://www.stopadani.com/         http://www.animalsaustralia.org/         http://www.arrcc.org.au/         Nik's story : (Alternatives to Violence success story)         https://www.youtube.com/watch?v=nklZXokyjXE         [7.3 min]         Love Makes a Way – why be arrested?         https://www.youtube.com/watch?v=slB7ZaBIvZw&list=PL         wDUbL/DoD1HsUUDsEZvXBCccHBfViW/8_7
	Canadian Pink Shirt daygrowing out of a simple action). Can they identify a need? What can they do about it? How can they make it happen?	wDUbUqoDJHsUJDsEZvXBCccHBfVjW8_7 [4 min]
	<ul> <li>Examples</li> <li>peace prayers at lunchtime</li> <li>fasting for peace</li> <li>displays of peace projects and initiatives local/national/global (cont)</li> <li>facilitate a talking circle in the primary school (practice turn taking and listening). This expands the culture of peace and nonviolence in the school.</li> <li>Encourage a restorative approach to bullying</li> <li>Practice forgiveness</li> <li>Organise a Peace Movie evening for wider school community (eg Soldiers of Peace)</li> <li>Create a partnership project with the local Sudanese Peacemaking group – awareness raising and fund raisingteaching nonviolence and peace.</li> </ul>	Pink Shirt Day : https://www.pinkshirtday.ca/about/

<b>Review and reflect</b> Create an individual and/or group-based process for reviewing the module and reflect on discoveries, insights, transformation and commitment.	Reflection Resource: Everything is Holy Now: Peter Mayer <u>http://www.arrcc.org.au/reflect-videos</u>	